



St. Mary's News

"SHINE AS A LIGHT IN THE WORLD"

Matthew 5:16

Newsletter No: 17

Dear Parents and Guardians,

This week we have been joining in with the national Children's Mental Health week. Across the school we have been focusing on having a healthy mind and thinking about choices that can be made to ensure we look after our mental health and our physical health. We have welcomed visitors from TMA, The Dog's Trust, Canal Water Safety and The Well.

We also had our official opening of the trim trail on the playground with a visit from Lord and Lady Newport and members of our PTA.

It is impossible to ignore the disaster and tragedy unveiling in Turkey and Syria following the earthquake. We will be supporting those impacted by a charity sponsored walk running throughout Lent with all donations going to The International Federation of Red Cross and Red Crescent Societies (IFCR). More details of how you can support and sponsor the children will follow next week.

Have a wonderful weekend and see you all next week.

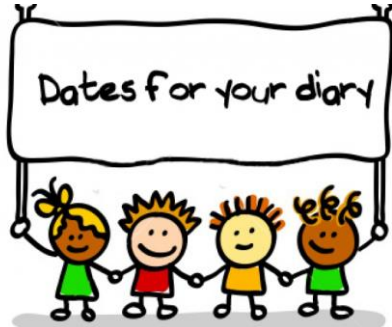
Many thanks
Mrs. NR Brennan



Oak Spring 1

This term Oak's topic of focus is food and we have explored this area in several ways. The children enjoyed making special Challah bread as part of our beliefs and values learning whilst looking at Judaism. Planting and watching our own Runner beans grow in science has been very exciting as well as watching our beautiful Hyacinth come to life. In English we have been reading The Tiger Who Came to Tea and are now re-writing it with different characters... Some children are writing about The Dinosaur Who Came to Dinner!

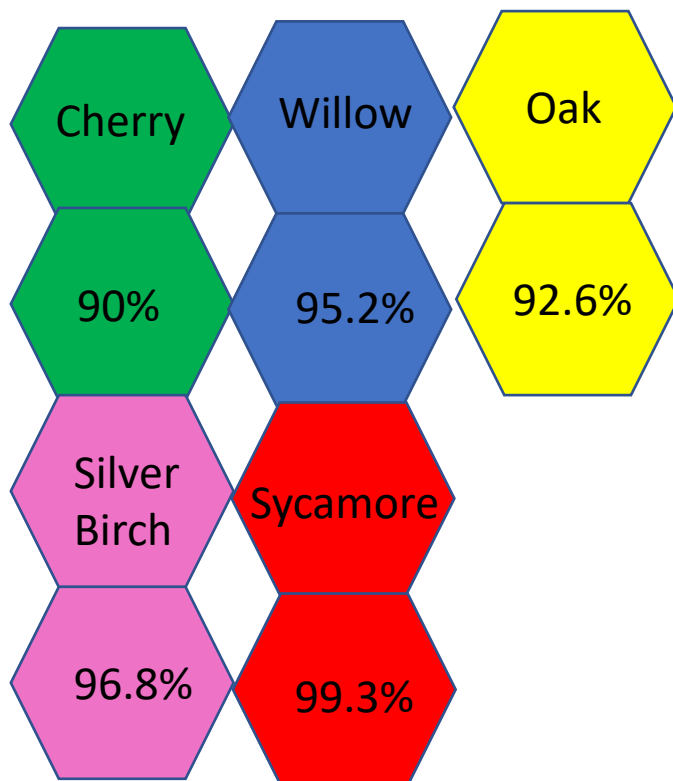




Attendance Matters



14th February	Safer internet day
14th February	Silver Birch leading worship – Parents welcome, 2.30pm
20th February	Half term week – School closed.
27th February	Children welcome back.
2nd March	Year 3 & 4 Bikeability Level 1
3rd March	World book day. Come dressed as your favourite book character
14th March	Mothering Sunday lunch EYFS to year 1
15th March	Mothering Sunday lunch Year 2,3 and 4
16th March	Rock steady concert 2:30pm – parents welcome.
17th March	St. Patricks day wear something green £1 donation
20th March	Willow leading worship – parents welcome, 230pm
23rd March	Parents book look at 2:45pm
24th March	Non uniform day for an Easter egg donation.
28th March	Academy Photography – Class leavers and individual photographs.



Congratulations to all our classes who have reached our government's expectation of 96% or above..



Star of the week



Class	Pupil
Cherry	Skyler
Willow	Lily
Oak	Holly
Silver Birch	Arthur
Sycamore	Eleanor

**A massive well done to all children
for all their hard work this week.
We are proud to call you a part of
our St Mary's Family**

DINE

WITH MIQUILL

WEEK THREE

DINE
Main Meal

DINE
Vegetarian

Dessert
STOP
Sweet Options

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Day Breakfast <i>Sausage, egg, tomato, hash brown & baked beans</i>	Homemade BBQ Chicken Pizza <i>Homemade pizza base, bbq sauce topped with chicken & cheese and served with crudites</i>	Roast Gammon <i>with Mashed Potatoes, Fresh Vegetables and Gravy</i>	Chilli Con Carne <i>Mild beef chilli served with wholegrain rice & broccoli</i>	Fish Fingers <i>Golden Breaded Salmon or Pollock Fish Fingers with Chips & Peas</i>
Veggie All Day Breakfast <i>Veggie Sausage, egg, tomato, hash brown & baked beans</i>	Homemade Veggie Supreme Pizza <i>Homemade pizza base & sauce topped with veggies & cheese and served with crudites</i>	Cheese & Potato Pie <i>Puff Pastry topped pie with Mashed Potatoes, Fresh Vegetables and Gravy</i>	Veggie Bean Burrito <i>Roasted Veg, beans, rice & cheese rolled up in a soft flour tortilla and served with broccoli</i>	Super Veggie Burger <i>Homemade burger in a floured bap served with Chips & Peas</i>
Filled Jackets and freshly made sandwiches and baguettes are also available				
Chocolate & Beetroot Brownie <i>Rich & sticky choc brownie</i>	Golden Syrup Sponge <i>Served with custard</i>	Traditional Vanilla Shortbread Biscuits	Oat Cookie & Fruit Slices <i>The Best Oat Cookies around</i>	Jelly & Fruit <i>Orange Flavoured Jelly served with fruit slices</i>

Fresh Bread, Yoghurt and Fruit are available daily

14.11.2022. 05.12.2022. 02.01.2023. 23.01.2023. 13.02.2023



Silver Birch WORSHIP

Tuesday 14th February

2:30pm all parents welcome!



Brewood and Wheaton Aston Federation

Brewood CE Middle Academy
School Road
Brewood
Stafford
ST199DS

Title of post: **Teaching Assistant - 32.5 hours Term time**
 Temporary until 31 August 2023 in the first instance
Salary range: **Grade 4 - £21575 - £21968 pro-rata - based on service and experience**

Start date: **13 March 2023**

Brewood CE Middle Academy is a popular Middle School, serving a supportive extended community.

We are committed to providing the highest standards of teaching and learning and a wide range of opportunities for our children. To achieve this, we continue to reflect on and develop our provision to ensure that every child is able to reach their full potential. We pride ourselves on our welcoming and nurturing environment with relationships built on mutual respect.

Our Local Academy Committee are seeking to appoint a temporary Teaching Assistant with Level 3 NVQ or equivalent. The temporary post will be for 32.5 hours per week, term time only, until 31 August 2023, in the first instance.

We can offer: -

Friendly, enthusiastic children.

A dedicated and enthusiastic caring team.

A combination of support, professional challenge and professional development.

Supportive Local Academy Committee and parents.

Links and development within the Federation of our schools.

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This school is committed to safeguarding and promoting the welfare of children and young people / vulnerable adults and expect all staff and volunteers to share this commitment.

The appointment will be subject to enhanced DBS clearance for the successful applicant. We are committed to equality and diversity.

Closing Date for applications is 9am on Monday 13 February 2023

Shortlisting will take place on 14 February 2023

Interviews will take place on Wednesday 15 February 2023

Visits to the school are welcomed. Please contact Mrs S Cornes, on 01902 850266 to arrange a visit or for further information. Please submit completed application forms to

s-cornes@brewood.staffs.sch.uk



Learn • Connect • Protect



EKO HALF TERM HOLIDAY CLUB @ WESTON PARK

Wednesday 22nd February 2023

9:00am – 4:00pm, £40.00 or 10:30am – 4:00pm, £35.00

Open to children in School Years 1-8

*Our 1-day EKO Half Term Holiday Club does not form part of the HAF programme.
We are unable to offer any funded places.*

This February Half Term we are running a 1-day Holiday Club at our wonderful outdoor learning site at Weston Park. EKO Half Term Holiday Club offers a fun and adventurous day of forest school type activities! We get creative with a myriad of materials, we explore wonderful woodlands, we participate in terrific team challenges and we discover amazing facts about our natural world. To learn more, please visit our website. To book a place use the following link. <https://www.ekolearning.org.uk/eko-holiday-clubs-weston-park/eko-half-term-holiday-club/>

What to wear to EKO Half Term Holiday Club:

Come rain or shine EKO Club is all about fun outdoors - we are rarely defeated by the weather! We recommend that children wear old comfortable clothes and as a minimum should wear the following:



- Wellies or walking boots
- Waterproof bottoms / all in one
- Waterproof coat
- Woolly hat, gloves and warm socks.

Please keep an eye on the weather and add in additional layers as necessary. An extra pair of socks or warmer jumper can make all the difference to your child's comfort. Why not have a look at our EKO hoodies and beanies at <https://www.ekolearning.org.uk/shop/>

If you are finding it difficult to source any outdoor clothing, please get in touch as we have a small selection of donated spares.

What to bring to EKO Half Term Holiday Club:

- We are unable to provide lunch for this club so children will need a packed lunch and a water bottle. However, there will be snacks and additional drinks offered during the day.
- This club is all about enjoying the great outdoors, so we ask that **ALL** electrical games and phones are left at home as we are unable to guarantee against loss or damage. They are also a huge distraction.
- If you have any questions or concerns, please email us at info@ekolearning.org.uk

Kind Regards,

Natasha Branston, (Founder & EKO Leader)

Educating Kids Outdoors Ltd, registered charity in England and Wales (1191685)
A company limited by guarantee, registered in England and Wales company number 12114074.
Registered office: Astol Farmhouse, Norton, Shifnal, Shropshire TF11 9EW

Free

Give it a go!

Multi-Sports experience day



12.45pm: Arrival Time

- 1pm—1.30pm: First delivery session
- 1.30pm—2pm: Second delivery session
- 2pm—2.15pm: Break and Refreshments
- 2.15pm—2.45pm: Third delivery session
- 2.45pm—3.15pm: Fourth delivery session
- 3.15pm—3.30pm: Goody bags, certificates, medals and Feedback,

What?: Come and meet your local opportunities and activities happening in your area. Take part in different sporting sessions including **Boxing, Basketball and MORE!** With a nice goody bag, certificate and medal to take home this is an amazing opportunity to try something new, meet new people and have lots of fun.

Who?: Staffordshire & Stoke Looked After Children, aged 7 and above (Carers/Parents required to stay throughout the duration of the day.)

When?: Saturday 18th February 2023

Where?: Northwood Stadium Sports Centre, Keelings Road, Stoke-on-Trent, ST1 6PB

CLICK HERE TO
BOOK YOUR PLACE
NOW!

**TOGETHER
ACTIVE**
Staffordshire & Stoke-on-Trent

X



City of
Stoke-on-Trent

X



**Staffordshire
Virtual School**

12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: **reducing the likelihood of a cyber attack** gaining access to our accounts, devices or data; **reducing the potential impact of a cyber incident**; and **making the recovery from a cyber attack easier**, should we ever fall victim to one.

1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, 1Password and Keeper are all excellent password managers.

4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version – by saving it to a removable USB drive or similar device, for example.

5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' – such as your birthplace or a pet's name – in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency – even if they appear to come from someone you know.

11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates – so by ensuring each device is running the latest version, you're making them more secure.

10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure – criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct!). It's useful if you're worried about a possible attack – or simply as motivation to review your account security.

8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun – so as long as you keep safety and security in mind, don't stop enjoying your tech.

Meet Our Expert

Gary Handman is the Director of IT in a large primary school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



National Online Safety

#WakeUpWednesday

Source: www.ncsc.gov.uk/technology/keeping-staying-secure/keeping-secure-at-home | <http://haveibeenpwned.com>



www.nationalonlinesafety.com



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