

# St. Mary's News

"SHINE AS A LIGHT IN THE WORLD"

Matthew 5:16

Newsletter No: 29



Dear Parents and Guardians,

It has been wonderful seeing so many of you at parents evening this week. As ever, thank you for your ongoing support.

Children and teachers are now preparing for our transition day next week. Our oldest children will be visiting Brewood Middle Academy on Wednesday 5<sup>th</sup> July. During this day our younger children will be spending some time in their new classrooms with their new teachers. Next year our classes and teachers will be:

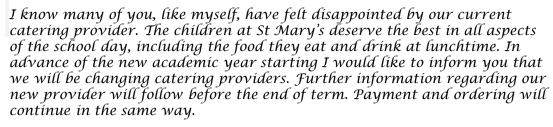


Cherry Class (Nursery) ~ Mrs L King Willow Class (Reception) ~ Miss L Bown and Mrs K Rickards Oak Class (Year 1) ~ Miss K Whittaker Silver Birch Class (Year 2) ~ Mrs A Handley Sycamore Class (Year 3 and 4) ~ Mrs R Dodd

We will be saying goodbye to Mr. Jones at the end of the year as he is moving onto a full time supply teaching contract in another school. The children and staff will miss Mr. Jones as he has become part of our academy family and saying farewell can be emotional. However, we wish him all the best in his new role and hope this goodbye is, in fact, an Au Revoir;



"The day that Mary Poppins leaves the Banks family for the first time, she gives Jane a letter signed, "Au revoir." When Jane asks Mrs. Brill the cook what "Au revoir" means, Mrs. Brill answers, "...I think, Miss Jane dear, it means 'Till We Meet Again'."





Many thanks Mrs. N R Brennan



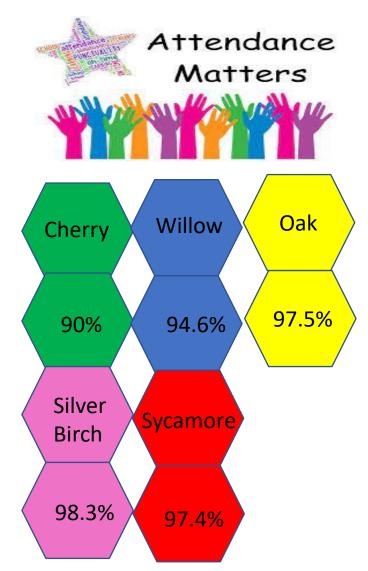
# Eco Stars Award

Congratulations to Oak Class Who are this week's Eco stars!





3 <sup>rd</sup> July	New reception children - Story time
5 <sup>th</sup> July	Year 4 Transition day at Brewood Middle
6 <sup>th</sup> July	Silver Birch and Sycamore trip to Cadbury World.
7 <sup>th</sup> July	Music concert Cherry, Willow and Oak class 2:15pm parents' welcome
11 <sup>th</sup> July	'SEND coffee and catch up' 2:30pm – parents welcome.
12 <sup>th</sup> July	Sports day 1pm onwards. (Including formally loved school uniform sale)
13 <sup>th</sup> July	Rocksteady Concert 2:30pm parents' welcome.
18 <sup>th</sup> July	American theme lunch for Pupils – Information to follow.
19 <sup>th</sup> July	Picnic Day for all children and staff.
20 <sup>th</sup> July	PTA Disco - 3:15pm - 6pm.
21st July	Whole school service at St. Mary's church
21st July	Year 4 fun evening 3:15pm -7pm details to follow.
24 <sup>th</sup> July	2pm Year 4 Leavers worship – Year 4 parents and guardians invited.
25 <sup>th</sup> July	Staff Inset day - School closed to children
26 <sup>th</sup> July	Summer holidays!



Congratulations to all our classes who have reached our government's expectation of 96% or above..

## Star of the week

Class	Pupil
Cherry	Eppie
Willow	Alfie
Oak	Mollie-Rose
Silver Birch	Noah
Sycamore	Stephanie

A massive well done to all children for all their hard work this week. We are proud to call you a part of our St Mary's Family











WEEK COMMENCING: 10/4, 1/5, 22/5, 12/6, 3/7, 24/7

#### TUESDAY

Cheese & Tomato

**Baguette Pizza** 

with sweetcorn

Veggie

Bolognese

with whole grain

pasta

& sweetcorn







All In One Veggie Sausage & Cheesy Potato Bake with carrots

Vegetable Pastry

Plait with roasties fresh veg & gravy

WEDNESDAY

**Roast Chicken** 

& Stuffing

with roasties

fresh veg & gravy

**Chinese Omelette** with whole grain rice & 5 spice cauliflower

AROUND THE

Chicken Tikka

Masala

with whole grain

rice

Vegetable Fingers with chips & beans

Fresh Pasta and Tomato Sauce available every day Filled Jackets and freshly made sandwiches are also available

**Banoffee Dessert** 

Vanilla Sprinkle Sponge

Rice Crispie Cake

**Apple Sponge** Cake

Flapjack

Golden fish

fingers

(Salmon or Pollock)

with chips & beans

Fresh Bread, Yoghurt and Fruit are available daily



#### Coffee Afternoon for SEND parents & Guardians



Come for a coffee and catch up with our Inclusion Lead, Mrs Guy, at an informal coffee afternoon on Tuesday 11th July 2:30pm

All parents and guardians welcome.

# SUMMER HOLIDAY CLUB COOL At Bilbrook Village Hall oeys Ln, Codsall, Wolverhampton WV8 1JL

1st August - 25th August
Tuesday- /
Friday

8:30 am - 4:30 pm Full Day £20

8:30 - 12:30 Half Day

£10

**O7816 540275** 

OF FUN! **AGES 5-12** 

sarah.t@sportscool.org

## LIMITED FREE HAF PLACES AVAILABLE

INFLATABLES FOOTBALL ARCHERY DANCE MAGICIAN TREASURE HUNT ANIMAL MAN ARTS & CRAFTS BASKETBALL OUTDOOR PLAYGROUND AND MUCH MORE!

# To book on please visit www.sportscoolwolves.schoolipal.co.uk

1. Log in to your account (first time users will need to register and provide the required details).

2. Select the School, followed by the club you wish to book for.

3. Select which child/ren you wish to attend.

4. Follow the payment process.

5. Once paid you will be fully booked onto the course.

We look forward to seeing you!

### What Parents & Carers Need to Know about

# TODDLERS & SCREEN TIME

interacting with the online world in a safe, healthy way.





The toddler years are full of excitement, exploration and energy. It's a critical time in children's development, when brain connections are rapidly forming. Youngsters often begin to discover devices around this age, as they learn to communicate with friends, play games and watch videos (Ofcom recently found, for example, that one in five 3-4-year-olds in the UK uses social media). These activities can make a child happy and relaxed but have a damaging impact if overused. Setting screen time limits for toddlers can be a challenge, so we've pulled together some suggestions for making sure your little one is

PARENTAL CONTROLS

Children need to be shielded from content that's not age appropriate. You can do this by adjusting parental controls and safe search settings on the devices, apps and games they use.

ONGOING SUPERVISION

Try to stay engaged and present in what your child is doing digitally. Make time to talk about what they enjoy and how they can stay safe online.

**OFFERING HELP** 

COMMUNICATION IS KEY

Emphasise that your child should check with you before they do anything online for the first time – such as watching a new show, playing a new game or exploring a new app.

✓ FACE TO FACE IS ACE

#### Advice for Parents & Carers

#### MODEL IT

Your toddler is watching and learning from you whenever you pick up your phone. Even bables are aware of screens and the attention their parents give to them. By showing you know when to put your phone down and focus on something else, you're modelling an important behaviour for them.

EARN IT

**CONTROL IT** 

Screen time can definitely be used as a reward. You could opt for the classic "no screen time until you've tidied up your toys" or you could get creative and award screen time in relation to successful tasks: eating all of their vegetables earns 10 minutes on their device, for example.

Use tech to control tech.

Most devices and individual apps have settings that allow you to restrict screen time.
Decide on the right length of time and use the settings or a timer to block access. This is especially useful for very young children, who simply see it as the device 'turning off'.

ANNOUNCE IT

When a toddler's screen shuts off suddenly, it can lead to frustration and tears. Let your little one mentally prepare for the end of screen time by announcing they have five minutes left, two minutes left and so on. You could also set an egg-timer, alarm or buzzer to go off just before time's up.

**DELAY IT** 

Try to avoid letting children start their day with screen time. Once they're online, it can be hard to get them back offline – and can set a negative tone for the rest of the day. Routine and structure are important for toddlers, so encourage them to enjoy some other activities before the screens go on.

#### TRADE IT

You could try offering rewards and alternatives in exchange for screen time – for example, having a device-free day to get a playdate with a friend at the weekend, or skipping screen time one evening in return for a trip to the ice cream parlour tomorrow.

REMOVE IT

Keep family mealtimes, social gatherings, children's bedrooms and other important occasions and places screen free. Remember to turn off TVs that you aren't watching, because even background noise can distract from you spending quality face-to-face time with your young ones.

#### SWAP IT

Put together a bag of things that your children love playing with — and get them to help choose what goes in there (items like stickers, pens, small toys, Lego or teddy bears are ideal). Then encourage them to pick something to play with from "the special bag of fun" instead of staring at a screen.

#### Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa: a reporting system currently being used to combat bullying in schools and businesses around the world. FaceUp helps to give a voice to bystanders by encouraging them to speak up against unacceptable behaviour.





National Online

www.nationalonlinesafety.com





