

St Mary's CE First Academy

Sports Premium



St Mary's CE First Academy Sports Premium Strategy 2023/24

Since 2013, the government has provided schools with Sports Premium funding with the understanding that this money is to be used to improve and then maintain the high-quality sports teaching that should be going on in schools. Overtime, the outcomes desired by the government have been adapted and others added as research has demonstrated the real power of sport and PE. The obvious and more traditional advantages of Sport and PE are the physical movement skills that develop through learning different sports and the improvement in our health and fitness if we take part in sport regularly. From more recent research, sport has been found to be beneficial in many other ways than initially thought. Sport has been recognised as a significant factor in improving mental health and well-being of a person while also developing their hidden and less measurable skills such as leadership and teamwork. In turn, this funding should be used to ensure children leaving primary education are physically and mentally fit for the next part of their lives and have developed their physical skills and/or nurtured talents they already had. Schools have the flexibility to spend their funding in the best way for their cohort and circumstances.

The PE and sport premium is used to:

- **Build capacity and capability in the school and make sure that improvements made to the quality of PE, sport and physical activity provision now are sustainable and will benefit pupils joining the school in future**
 - **Develop or add to the PE, sport and physical activity that the school provides**

Our School has been allocated £16,670

Swimming - Our children take part in swimming lessons in Year 5 at our federated school.

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Action Plan and budgeting Tracking

<u>Intent</u>	<u>Implementation</u>	<u>Cost</u>	<u>Impact</u>
High Quality PE teaching Increased confidence, knowledge and skills of all staff in teaching PE and sport	• Audit of staff skills, knowledge and confidence levels alongside long term plan to highlight areas of PE which require further CPD. • Non -contact time for PE leader to monitor PE sessions providing feedback and support for continuous development to strengthen quality of teaching. • Non -contact time for PE leader to devise training for staff based on outcomes of audit and monitoring and deliver bespoke CPD.	£1350	• Development for new and existing staff has supported subject knowledge leading to an improvement in the quality of teaching. • CPD has enhanced teachers' confidence and competence in delivering high-quality physical education, leading to more engaging and effective lessons.

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Health and Wellbeing. Development and application of skills. Engagement of all pupils in regular physical exercise.	• PE lead to re-launch play leaders with a clear schedule of supported/ led activity • PE lead/ play leaders - Raise pupil awareness of the importance of physical activity through a series of assemblies to motivate higher levels of activity. Ensure children understand what physical activity is and what benefits it has. • Guided by pupil voice continue to invest in outdoor equipment to encourage children to be as active as possible during unstructured times . • Equipment purchased to be used specifically at playtime to encourage children to complete recommended physical activity. • Playground markings and the daily mile added to each playground to improve the provision in order to enable activities to take place. • Teaching Assistant to facilitate all classes completing the daily mile activity. • Free sport taster sessions with specialist coaches.	£1800 £5,695 £3,396 £50 per week	• Increased participation and interest in lunch time activities. Children are more confident and motivated to join in activities now they are being guided and are structured. • Children have access to a wide range of equipment enabling them to further develop skills. Children have developed new skills and enhanced their learning experiences through hands on activities. • More pupils meeting their daily physical activity goal, more pupils encouraged to take part in PE and Sport Activities. • Pupils have developed their confidence through playing a sport as a team and we have seen an increase in participation for extra curriculum sporting clubs.

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Coaching Skill development and application.	- Sports Coach - Leading sessions and modelling to teaching staff. - Sports Plus coaching support to upskill staff in games. - Training for all lunch time supervisors to lead games and activities during playtimes. This is to improve the participation of pupils and engagement with staff. - Forest school sessions to model or teachers to increase physical exercise outside.	£5,850 £600 £100 per week	- Staff voice: Staff feel more confident and prepared to deliver a range of sports and activities inclusive to all children. - Improvement in the quality of teaching and more structure to the lessons. - Lunchtimes are more structured and a higher percentage of children are participating in an organised sport at least once per week. - Increased the opportunities for children to access new sport within the curriculum and has further the inclusion.